

Hello,

In compliance with the No Surprises Act (NSA) that went into effect 01/01/2022 I am required to notify all healthcare consumers of your Federal rights and protections against “surprise billing”.

This Act requires that I notify you of your federally protected rights to receive a notification when services are rendered by a non-participating provider and provide options to receive care from an in-network provider if one is available offering the services you are seeking.

As of 2022, NSA requires that I provide a Good Faith Estimate (GFE) annually, prior to evaluating new clients and to provide a GFE to all current clients not using insurance. NSA is projected to phase in the requirement of this practice of issuing GFEs to new and existing clients using insurance before 2023.

Please note that ethically, mental health providers have had established guidelines in place for the review of fees and practices prior to NSA being enacted. (The NSA is beneficial in circumstances in which a patient seeks services at a hospital that is in network only to later learn a provider in the in-network facility is out of network. However, it is extremely difficult to determine potential treatment prior to assessment for your provider in this setting. Therefore, I am providing what I believe will be a significant over estimation of potential services to ensure I am in keeping with the NSA while also avoiding burdensome paperwork each time frequency should of treatment should change based on your scheduling needs and preferences..

This GFE is an estimate of fees that *may occur*, in more extreme circumstances, although this is highly unlikely to reach this amount in my assessment and experience to date.

I have provided a list of frequently used codes/fees that may incur throughout care at Rising Phoenix Counseling Services, PLLC for your review. Please see attached schedule of fees which is not an exhaustive list).

Schedule of Fees:

- Late cancelations/no show fee (\$100/per scheduled hr.)
- Medical records searching, handling, copying) mailing fee
 - Minimum fee of \$10
 - Maximum fee for each request shall be seventy-five cents (75¢) per page for the first 25 pages, fifty cents (50¢) per page for pages 26 through 100, and twenty-five cents (25¢) for each page in excess of 100 pages
 - Maximum electronic: \$6.50
- Forms (FMLA, disability, summaries, completion of documents, etcetera)
 - Minimum of \$25
 - Maximum of \$150 per hour rate
- Returned check fee (\$75.00 per incident)
- Consultation/Coordination of Care (\$150/hr.)
- Individual therapy assessment hours (CPT: 90791-\$175/hr.)
- Individual therapy hours (CPT: 90837-\$150/hr.)
- Individual Therapy 30 minutes (CPT: 90832-\$75)
- Individual Therapy 45 minutes (CPT: 90834-\$112.50)

- Family therapy session without client non time limit (90846 \$150)
- Therapy session with client & family (90847 \$150)
- Complexity add on (CPT: 90785-\$10)
- Gottman Couples Therapy Model assessment (Code: 00001-\$175 per assessment hr., typically between 4-5 hrs.)
- • Gottman Couples Therapy Model treatment (Code: 00000-\$150 per treatment hr., based on assessment/treatment goals)
- Gottman Connect assessment Tool Fee (\$39-\$149)
- Gottman Builder (71% discount-\$149)
- Workshops/Intensive Couples Events (\$1,000-\$2,000)
- Court, hearings, subpoenas in the event provider is summoned to court by client or incident involving a client, the client will be responsible for all cost as these are not covered by insurance. Cost will be the client's responsibility as provider is unable to book regularly scheduled appointments due to preparation for court, time on stand-by and time in court.
 - Subpoenas/disability hearings have required at a minimum, four hours, and are billed at a court hourly rate of \$250 per hour for a minimum of four hours to include portal to portal fee (time leaving office for court and return to office). Additional hourly cost is due to additional incurred fees to the provider in seeking legal counsel to protect client and provider in such proceedings and reviewing, preparing for testimony and cost incurred in providing court appointees with documents, which will include fees for copying records and obtaining certification for records for court purposes.
 - Above fees are due no later than three days prior to court date and are non-refundable.
 - It is possible for hired legal counsel to pay for services out of retainer fees in the event that counsel feels testimony will be helpful to your legal case and should be discussed with your assigned legal counsel.
 - It is the provider's role to report clinical evaluations and are not guaranteed to be helpful to the client's case.
 - Physical presence will not be required in court due to standby status for billing of time unable to be spent in clinically scheduled sessions with other clients. However, balance will be paid for any and all provided services, standby or otherwise.